

CENTER FOR DIGESTIVE HEALTH & NUTRITION 725 CHERRINGTON PARKWAY • MOON TOWNSHIP, PA 15108

## **Liver Cancer**

Liver cancer is a serious condition that occurs when abnormal cells grow uncontrollably in the liver. This organ plays a crucial role in digestion, detoxification, and other vital bodily functions. There are several types of liver cancer, the most common being hepatocellular carcinoma (HCC).

The exact cause of liver cancer is unclear, but several factors can increase the risk of developing the disease. These include cirrhosis (scarring of the liver due to long-term liver damage) from alcoholism, chronic infection with the hepatitis B or C virus, fatty liver disease, obesity, and exposure to certain toxins and chemicals, including aflatoxins (a type of fungus that can contaminate crops) and arsenic.

Symptoms of liver cancer often do not appear until the disease is at an advanced stage. Still, they can include a loss of appetite, unexplained weight loss, an enlarged liver, jaundice (yellowing of the skin and eyes), and abdominal pain.

Diagnosing liver cancer usually involves a combination of blood tests, imaging tests (such as ultrasound, CT, and MRI), and sometimes a liver biopsy, where a small sample of liver tissue is removed and examined under a microscope.

Treatment for liver cancer depends on the stage of the disease. It can include surgery, liver transplantation, ablation therapy (which uses heat or cold to destroy the tumor), radiation therapy, targeted therapy, and immunotherapy.

The prognosis for liver cancer can vary widely, depending on the stage at which it is diagnosed and the patient's overall health. In conclusion, liver cancer is a complex disease with many potential causes and risk factors.

## **Center For Digestive Health & Nutrition**

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The Center for Digestive Health & Nutrition is a private medical practice comprised of experienced Gastroenterologists, Nurse Practitioners, and staff members dedicated to preventing and treating digestive disorders. Our physicians have been serving the needs of those in Western Pennsylvania and surrounding areas since 1977, having cared for tens of thousands of individuals with digestive problems.

Our mission is to deliver high-quality gastroenterology services efficiently and cost-consciously. We realize the very sensitive nature of GI illness and understand the necessity to provide our services in an environment that stresses patient privacy and confidentiality and where patient satisfaction is the goal. Appointments can be conveniently scheduled online via our website above. Learn more about digestive issues on Instagram @thedigestivetract

DISCLAIMER: The information on this website is to provide general information. The information on this website does NOT reflect definitive medical advice, and self-diagnoses should not be made based on information obtained online. It is important to consult a physician for a consultation and examination regarding ANY and ALL symptoms or signs as they may signify a serious illness or condition. An accurate diagnosis and treatment plan should only be made by a qualified doctor to exclude a serious condition.