

Why Split The Colonoscopy “Prep”?

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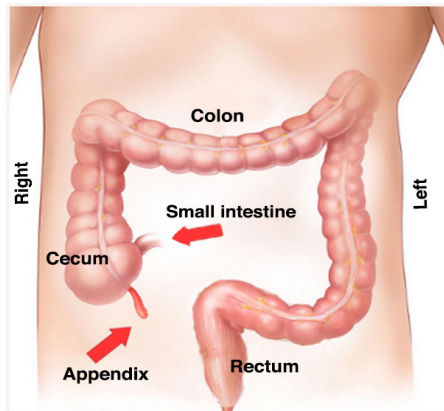
Patients often ask, “*Why do we have to split the prep for colonoscopy? We used to take it all the night before the examination.*”

The purpose of screening colonoscopy is to find any colon polyps and remove them before they turn to cancer. An accurate exam depends upon a good prep. Clinical studies have shown that splitting the prep helps detect more polyps. When you take all of the prep the night before, your colon is well cleaned out when you go to bed, but, your digestive system never sleeps. Overnight, the small intestine empties bile and mucus into your right colon which covers the lining. This makes it difficult for your doctor to see polyps.



By splitting the prep and then taking the second half just 5 hours before your exam, the right colon is flushed out. It is like you clean it out - and then polish it for a sparkling view!

You want your colonoscopy to be accurate. That depends on four factors - an experienced endoscopist, state-of-the-art high definition colonoscopy equipment, great anesthesia services



AND a clean colon. We provide the first three as well as a great facility and nursing staff. It is the patient’s job to provide a clean colon. They should read the prep instructions carefully and follow the instructions - INCLUDING THE SPLIT DOSE PREP. Make your prep “Gold Star” worthy.



Just like a car factory needs steel to produce new cars, your bone marrow needs iron to make new red blood cells. Individuals who are iron deficient become anemic (low RBCs) as their bone marrow runs out of iron. They are often prescribed iron pills to correct the deficiency, but many people can’t tolerate iron pills due to digestive side effects. We have a solution. We now offer INJECTAFER iron infusions in our practice. Just two brief IV infusions about a week apart provide your body more iron than 8 weeks of iron pills - without digestive side effects. We have seen a great response in our patients - even better than expected. If you need iron, but can’t take iron pills, ask your doctor about INJECTAFER.



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